

**** RESULTS ****

SANTA BARBARA, NOVEMBER 26 - RED ROCK 50 MILE TRAIL RUN:

4. Thomas Reiss 9:38 .. 15. Heeva Asefvaziri 12:35 .. 29. Luis Escobar 14:01.

TULARE, NOVEMBER 27 - REGION 14 JUNIOR OLYMPICS CROSS COUNTRY CHAMPIONSHIPS:

Midget Girls 3K - 10. Malia Simon/Central Coast TC 11:31. **Midget Boys 3K** - 2. Christian Ricketts/CCTC 10:06.

Youth Boys 4K - 9. William Ernst/S.L.O.-SLDC 13:29. **Young Men 5K** - 2. Joshua Ernst/S.L.O.-SLDC 16:47.

WALNUT, DECEMBER 3 - FOOTLOCKER WESTERN REGIONAL CROSS COUNTRY CHAMPIONSHIPS:

Race #1 - 7th/8th Grade Boys & Girls (2 miles, all other races are 5K) - 3. Christian Ricketts/Grover Beach 11:10 .. 25. Talley Hill* 12:10 (1st-7th grade girls) .. 30. Zac Brown* 12:16 .. 112. Kirsten Purcell* 14:53. (145 finishers)

Race #5, Junior Boys - 7. Trevor Cowan/AG 17:07 .. 16. Blake Maule/AG 17:18. (323 finishers)

Race #6, Senior Girls - 47. Natalie Hagler/AG 21:47 (189 finishers)

Race #7, Senior Boys - 40. David Avila 18:03 .. 42. Steven Dunbar* 18:04 (266 finishers)

Race #8, Frosh/Soph All-West Girls - 12. Elizabeth Heyde/AG 20:08 .. 44. Veronica Russell* 21:59 .. 56. Chenoa Herlihy/AG 25:00 (61 finishers)

Race #9, Frosh/Soph All-West Boys - 35. Joey Rogers/AG 18:07 .. 38. John Nichols* 18:11 .. 46. John Miles 18:24 (75 finishers)

Race #10, Seeded Girls - 19. Christine Hoffman/SLO 18:57 .. 76. Savannah Camacho* 20:06 ..83. Emily Johnston/AG 20:14.

Race #11, Seeded Boys - 18. Seamus Land/SLO 16:13 (217 finishers). * = SLDC

SAN LUIS OBISPO, DECEMBER 3 - SLO RECREATION DEPT. REINDEER RUN

1. Trevor Forzetting/S.L.O.	18:56	32. Nick Fiorentino	28:21	111. Siena Fiorentino	39:19
3. Greg Jelstrom/1-50+	20:45	37. Ralph Wright	28:59	174. Barbara Spann/73	59:51
5. Suzanne Forzetting/1-F	21:16	46. Kasey Bauer/SLOHS	30:01	(182 finishers)	
13. John M. Tiffin/1st-SLDC	24:40	56. Laurel Posey	31:22		
19. Samantha Mauro	25:48	59. Angenette Tiffin	31:47	- / www.sbtiming.com / -	

From **John Tiffin**, "I participated in the SLO Reindeer Run at Mitchell Park in SLO last Saturday and thought they did a fine job for this first-time race. I enjoyed the course, including a trip over the Jennifer Street Bridge, which seemed to undulate as the herd of runners ran over it. Kudos to the SLO Parks & Recreation Department for their ood work."

SACRAMENTO, DECEMBER 4 - CALIFORNIA INTERNATIONAL MARATHON (5,750 finishers + 980 relay teams)

253. Dave Fleishman	2:54:37	4875. Velva Hakim	5:07:22	204. Kelly Flathers (ex-CP)	2:51:07
2823. Heidi Harrison	4:07:39	4945. Kimberly Dohle	5:10:19	311. Tera Dube/San Luis Obispo	2:57:44
3012. Aileen Cota	4:12:06	Others		612. Patrick Lemieux/S.L.O.	3:12:28
3956. Cynthia Lambert	4:36:06	5. Mario Macias (ex-CP)	2:15:56	1392. Samantha Michel (ex-MBHS)	3:36:03
T642. Aaron Lambert(R)	4:36:06	91. Brian Engleton/S.L.O.	2:39:56	2792. Jesse Perez/S.L.O.	4:08:19

Women's Teams (Open Division) - **6. San Luis Distance Club** (Heidi Harrison, Aileen Cota, Cynthia Lambert) = 12:55:51.

SAN FRANCISCO, DECEMBER 4 - NORTH FACE ENDURANCE CHALLENGE HALF MARATHON:

142. Sandra Miller (1F-50+) 2:13:24 ,, 492. Evelyn Lanteigne (2F-60+) 3:19:51.

LAS VEGAS, DECEMBER 4 - ROCK & ROLL LAS VEGAS HALF MARATHON (40,000 runners):

1. Sean Houseworth/CO 63:12 (winner of the 2009 Jamboree Half Marathon in Nipomo) .. 9. Brian Medigovich/CO 64:57 (ex-SLOHS) .. 5948. Martina Kingman 2:02:11 .. 8159. Joe Kingman 2:08:08 ..22793. Kristie Lahr 2:47:17.

HOLLYWOOD, DECEMBER 4 - SAY NO TO DRUGS 10K (543 finishers): 1. Sergio Reyes/Asics Aggies 32:23.

KUALOA RANCH, HAWAII, DECEMBER 4 - XTERRA WORLD TRAIL RUNNING CHAMPIONSHIPS (687 finishers):

3. Ben Bruce (ex-Cal Poly, winner of Junefest & Jamba Juice races) 1:23:01.

SEATTLE, WASHINGTON, DECEMBER 10 - USAT&F NATIONAL CLUB CROSS COUNTRY CHAMPIONSHIPS

Open Men (358 fin.)		Masters Men (356 finishers)		Open Women (265 finishers)	
3. Philip Reid (ex-CP)	29:48	33. Pete Bottomley/ME (ex-SLDC)	34:18	9. Linda Somers-Smith (A.G.)	20:27
16. Dan Gonia (ex-CP)	30:12	41. Kevin Broady (ex-Cal Poly)	34:38	23. Kara June/TX (ex-SLO)	20:51
31. Sergio Reyes	30:43	95. Erich Ackermann (ex-CP)	36:09	41. Nicole Hagopian (S.L.O.)	21:06
36. Carl Dargitz (ex-CP)	30:45	129. Elmer McPhail/MD (ex-SLDC)	37:11	231. Katherine Phillips (ex-SLDC)	24:58
55. Jameson Mora	31:06	205. Joe Fabris (ex-Cal Poly)	39:34	Masters Women (152 fin.)	
141. Mario Mendoza/OR	32:38	(Pete was 4th-50+, Kevin 5th-		59. Jennifer Rubio (Los Osos)	25:32
308. Allan Phillips/AZ	36:11	50+, & Elmer was 8th-55+.)		74. Noreen Searls (ex-Cal Poly)	26:17

OXNARD, DECEMBER 11 - SANTA TO THE SEA:

5K (333 finishers): 58. Ralph Wright 26:23 .. 78. Laurel Posey 27:40 .. 231. Sherry Lavallee 37:51.

Half Marathon (1,140 finishers): 3. Jose Merino (ex Paso Robles HS) 1:11:16 .. 113. David Kragness 1:38:08 .. 136. Scott Dye 1:39:33 (3rd, 60-64) .. 147. Shu Kragness 1:40:07 .. 932. Cindy Veneris/Grover Beach 2:36:37.

POMONA, DECEMBER 11 - HOLIDAY HALF MARATHON (4,480 finishers): 1. Mario Macias/Lindsay (ex-Cal Poly) 1:06:07.